

True devotion, the kind that is pure and faultless before God, is this: to care for orphans and widows in their difficulties and to keep the world from contaminating us. - James 1:27 (Common English Bible)

pitter pats

KIDS CLUB NEWS WINTER 2010



North Korea Report



A First Steps team visited North Korea at the end of last year. Our group included First Steps founder Susan Ritchie, Kelly Sheehan and Craig Ketchum, as well as 10-year-old Pitter Pats member Sam Ross.

The team visited various sites in Nampo and Kangwon province. With a big smile on her face, the head doctor at Seopo clinic delivered the following news about toddlers and pregnant mothers taking the micronutrient Sprinkles which is provided by First Steps: "The Sprinkles program has strengthened their immune systems of the moms and the babies.

"They are noticeably gaining

weight and they experience less frequent diarrhea. We can treat them even if they get infected with pneumonia. Each year there are two or three children that we cannot treat, whereas before we had Sprinkles there were about forty."

First Steps sent 400 tonnes of soybeans this year to re-supply our soymilk machines. Workers in North Korea are producing not only soymilk for hungry children, but also soy meat and soy oil. However, some areas were hit by a typhoon and a tsunami, badly damaging their soybean crops. Therefore, sending more soybeans to North Korea is an urgent matter for First Steps.

Currently in North Korea, we have more than 70 VitaGoat and VitaCow machines in full production providing a cup of soymilk to 80,000 kids daily.

Your support and prayers are making it possible for First Steps to help more and more hungry children in North Korea.

FUN FACTS ABOUT SPRINKLES

Q: How is First Steps' Sprinkles different from other sprinkles that you put on ice cream?



A: Sprinkles are important nutrients that help babies and nursing mothers. Sprinkles help to prevent and to treat anemia, rickets and other diseases.



Soymilk is nutritious and delicious



Interview with Sam Ross

A pitter pat's member who recently visited North Korea



When did you visit North Korea?

I went there in November 2010.



Describe your trip to North Korea. What did you do?

I visited orphanages and I took photographs. I was the official photographer for the trip.



For many Pitter Pats members who have never met North Korean children, can you tell us about them?

North Korean kids are small for their age because they don't get enough food to eat. Some 15-year-olds were shorter than me, and I'm only 10.



Tell us how donations are being used to help North Korean children.

Donations pay for machines that produce soymilk from soybeans, and for Sprinkles which is a micronutrient supplement that's given to pregnant women, new moms and their babies.



Kelly, Craig and Sam (l-r back row) with orphan children from the Wonsan Primary Boarding School wearing scarves hand-knitted by First Steps volunteers.



Pictures of Sam in North Korea



What did you see in North Korea? Any memorable moment?

I went to the mausoleum of (North Korean president forever) Kim Il Sung and saw his body. It is kept in a glass case and the mausoleum is covered with marble.



What can other members of Pitter Pats do to help North Korean children?

Members can raise funds. They can also pray about the following prayer requests:

Please ask God to love and care more for our friends in North Korea, and that they will get more food to eat.

Please pray for the freedom and happiness of the people in North Korea.

Letter from Ava Griffioen



about the author



I am 6 years old
I live on 59A
Ave in Surrey
I go to white
rock christian
School. I Love
PITTERS PATS!



me, my dad and my
blathf collect bottles
and cans we bring
them to the recy-
cling Depot.



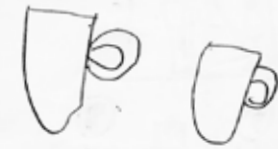
we get recycling from
cups and caps and all
neighbours. One day my
brother drop a glass
bottle dad said we that
5 cents.

Ava is a Pitter Pats member. She is 6 years old. Ava and her family have been great supporters of First Steps since 2007. Ava talks to her friends, family and neighbours about First Steps and they help her to collect bottles. Ava's parents double the money she makes from recycling bottles and send it to First Steps.



Her enthusiasm and love for children in North Korea bring hope and joy not only to North Korean children but also to First Steps.

Thanks Ava!



I said that's 2
cup of Soy milk!



my mom and dad double
the money I make
So I am sending
\$24.00 happy
thanksgiving.



You too can send us your story or your ideas for helping kids in North Korea.

e-mail: info@firststepscanada.org or
phone: 604. 732. 0195



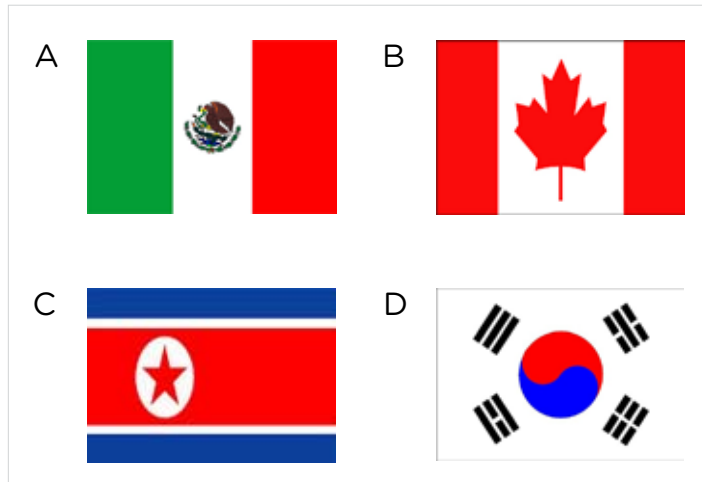
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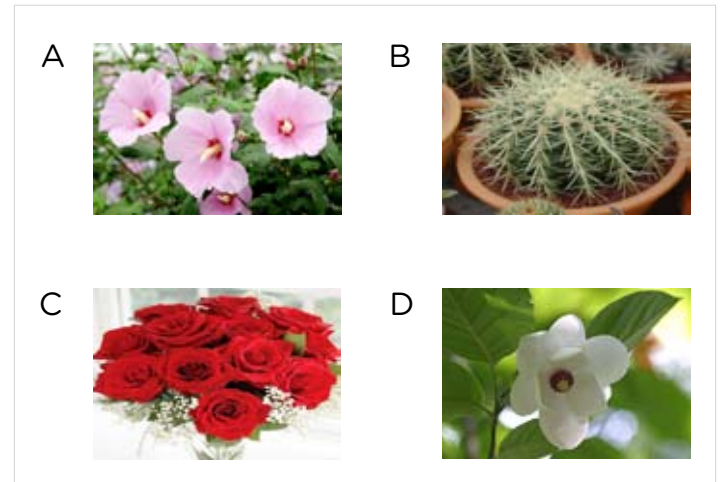
Hi kids, it's soy-beanie here again with a quiz that I prepared just for you.

How much do you know about North Korea?

1. Which is the flag of North Korea?



2. What is the national flower of North Korea?



Answers: (1): c (2): d. Magnolia

Find 14 differences between the two pictures.

